



25TH BELGIAN CONGRESS ON RHEUMATOLOGY



CO-ORGANISED BY THE BELGIAN ROYAL SOCIETY OF RHEUMATOLOGY (KBVR-SRBR)
AND THE SOCIÉTÉ FRANÇAISE DE RHUMATOLOGIE (SFR)

29 - 30 SEP
& 1 OCT 2021

THE EGG
BRUSSELS



PRELIMINARY PROGRAMME

ORGANISATION

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WELCOME ADDRESS

Dear Colleagues,

The Royal Belgian Society for Rheumatology takes great pleasure in announcing the **25th Belgian Congress on Rheumatology**, taking place at the Egg in Brussels on **29 - 30 September & 1 October 2021**.

We are honoured to inform you that this year's edition will be a co-organisation between the KBVR-SRBR and the Société française de Rhumatologie (SFR).

The congress will be hosted at the EGG, a former spacious industrial building, which was originally built in 1925 by 'Danckaert Wood Machinery'. More recently, it served as a warehouse for the decor sets of the Royal Theatre of the Mint. The EGG is conveniently located at a 10 minutes' walking distance from Brussels South Station and there are several cars parks in the vicinity of the EGG.

This year the programme will especially focus on the research by young investigators, but it will be a well-known mix of state-of-the-art invited lectures by internationally renowned speakers, selected oral presentations and Updates organised with the support of the industry. Furthermore, the 'Thieves Market' has secured its permanent time slot in the programme as well as the two poster tours.

Together with the KBVR-SRBR Board members, we hope and expect to be able to welcome you to a fully live congress in Brussels, and we also look forward to welcoming our French colleagues.

Yours sincerely,

Prof. Peggy Jacques and Prof. Christian Roux
Scientific Organisers

Young Investigators' Meeting

- 10.00 **Hypoxia induces transcription of DOT1L in articular cartilage to protect against osteoarthritis**
Astrid De Roover (KUL)
- 10.15 **Altered localization and expression of Aquaporin5-Ezrin complexes in Sjögren syndrome salivary glands**
Christine Delporte (ULB)
- 10.30 **Development of an exercise program for patients with hand osteoarthritis: A systematic literature review**
Frone Meersschaert & Pauline Wallays (UGent)
- 10.45 **Associations between physical therapy and physical activity in patients with axial spondyloarthritis**
Marlies Kaerts (KUL)
- 11.00 **Ratio between serum and whole-blood hydroxychloroquine concentrations in lupus patients**
Charlotte Baert (UCL)
- 11.15 **The pattern of joint inflammation in the CAIA mouse model of arthritis**
Margot Van Mechelen (KUL)
- 11.30 **Nailfold videocapillaroscopy and serious organ involvement/ progression in SSc**
Amber Van Haecke (UGent)
- 11.45 **The use of CRP in clinical trials for psoriatic arthritis – A concern for clinical practice?**
Charlotte Houttekiet (KUL)
- 12.00 Welcome Lunch
- 12.30 **Welcome and Opening Ceremony**
Valérie Badot, President KBVR-SRBR
Catherine Bailleux, Association Manager KBVR-SRBR
Jorien Geukens, Office & Project Assistant KBVR-SRBR
Peggy Jacques, Scientific Organiser

SESSION 1

- 12.50 **Vesalius Lecture**
Current trends in the management of axial spondyloarthritis
Maxime Dougados (France)
- Abstract Presentations**
- 13.35 **Long-term effectiveness with rituximab following an on-flare retreatment strategy in patients with Rheumatoid Arthritis**
Delphine Bertrand (KUL)
- 13.45 **Economic burden in Sjögren's syndrome**
Liselotte Deroo (UGent)
- 13.55 **Histopathology of Checkpoint Inhibitors induced arthritis: Retrospective analysis of 3 cases**
Laurent Meric de Bellefon (CNDG, CHU Saint-Pierre Brussels, UCL)
- 14.05 **FWRO/FRSR Award Ceremony**
René Westhovens (KUL) and Philippe Carron (UGent)
- 14.30 **Update in Therapeutics - Organised with an educational grant from Eli Lilly**
RWE of JAK-inhibitors: From clinical trial to clinical practice
Axel Finckh (Switzerland)
- 15.00 **Update in Therapeutics - Organised with an educational grant from Novartis**
Imaging in spondyloarthritis, from a radiologist's perspective
Lennart Jans (UGent)
- 15.30 Coffee Break in the Exhibition Hall

SESSION 2: Extra-articular features in rheumatic diseases: joint efforts

16.00 **New strategies in tackling gut inflammation**
Marc Ferrante (UZ Leuven)

16.30 **Pulmonary manifestations of rheumatic diseases**
Antoine Froidure (UCL)

17.00 **Being flexible is not always Ehlers Danlos**
Fransiska Malfait (UGent)

Abstract Presentations

17.30 **Impact of barrier tissue inflammation and physical activity on joint homeostasis in mice**
Margot Van Mechelen (KUL)

17.40 **Towards development of an ultrasound enthesitis score in psoriatic arthritis: 24-week results from the phase III randomised ULTIMATE study**
Philippe Carron (UGent)

17.50 **First results of the BELCOMID study: BELgian Cohort study of COVID-19 in Immune Mediated Inflammatory Diseases (IMID)**
Kurt De Vlam (KUL)

18.00 **Ethics and Economy Part I: Update from the Professional Association**
Laurent Méric de Bellefon (CNDG, CHU Saint-Pierre Brussels, UCL) and Mieke Devinck (AZ Sint-Lucas Brugge)

18.45 Dinner in the Exhibition Hall

SESSION 3: Ethics & Economy Part II

20.00 **Time2Work**
House of Rheumatology

21.00 **Health and biodiversity**
Serge Morand (France)

22.00 End of day 1

07.45 **Workshop 1: EMG**
Yves Piette (UGent,-AZ Sint-Jan Brugge) and Gaëtan Stoquart (UCL)

Workshop 2: Dermatology: Malignancies
Marjan Garmyn (KUL)

SESSION 4**Abstract Presentations**

09.00 **Mechanosensitive reporter constructs to study chondrocyte's mechanobiology in vitro**
Rocio Castro-Viñuelas (KUL)

09.10 **Abatacept and other DMARDs have common transcriptomic effects on RA synovial tissue**
Patrick Durez (UCL)

09.20 **Standardized nailfold capillaroscopy in children with rheumatic diseases: A worldwide study**
Karin Melsens (UGent)

09.30 **State-of-the-art lecture**
The burden of seronegative rheumatoid arthritis
Espen Andre Haavardsholm (Norway)

10.05 **Interactive case discussion: Difficult osteoporosis (in juveniles, young/premenopausal adults)**
Hans Zmierzak (UGent) and Zuzana Plankova (UGent)

10.45 Coffee Break in the Exhibition Hall

10.45 **Poster Tour 1**

SESSION 5

11.30 **Update in Therapeutics - Organised with an educational grant from Amgen**
Treated osteoporosis is still osteoporosis
Jan Lenaerts (Reuma-Instituut Hasselt & UZ Leuven)

THURSDAY, 30 SEPTEMBER

12.00 **Update in Therapeutics - Organised with an educational grant from Galapagos**
Brave new world: exploring the impact of treatment evolutions in RA
Ernest Choy (UK)

12.30 **Physical therapy: From trials to daily patient care**
Thijs Swinnen (KUL)

13.00 Lunch in the Exhibition Hall

14.00 General Assembly

SESSION 6

14.30 **Update in Therapeutics - Organised with an educational grant from AbbVie**
Title to be announced
Filip Van den Bosch (UGent)

15.00 **Year in review - Clinical and basic science**
Pieter Ruytinx (UHasselt) and Emilie Sapart (UCL)

15.45 Coffee Break in the Exhibition Hall

SESSION 7

Abstract Presentations

16.30 **The discordance between patient-reported and clinical/biological outcomes could help in predicting future disease impact in patients with rheumatoid arthritis**
Sofia Pazmino (KUL)

16.40 **Early Remission at 6 months as a predictor of longterm remission in new onset Rheumatoid arthritis**
Emilie Sapart (UCL)

16.50 **Rheumatic diseases and cardiovascular co-morbidities: A patient's perspective**
Kristof Thevissen (Reumacentrum Genk)

17.00 **Bone and Joint lecture**
Regenerative medicine and tissue engineering, building a biological joint
Frank Luyten (KUL)

17.30 **Update in Therapeutics - Organised with an educational grant from MSD**
Tapering strategies in arthritis
Patrick Verschueren (KUL)

18.00 End of Day 2

FRIDAY, 1 OCTOBER

07.45 **Workshop 3: Ultrasonography**
Maria José Fernandez-Lopez (Médicis Brussels, OLV Aalst, Reuma Dilbeek), Alla Ishchenko (ZNA), Maria Stoenoiu (UCL) and Ruth Wittoek (UGent)

Workshop 4: Capillaroscopy/LASCA
Vanessa Smith (UGent)

SESSION 8

09.00 **Should we stop prescribing drugs for spinal diseases?**
Florian Bailly (France)

09.25 **Abstract Presentations**

09.55 Lecture to be confirmed

10.20 **Update in Therapeutics - Organised with an educational grant from Sanofi**
Cardiovascular disease in RA: Clinical evidences, risk stratification and treatment
Speaker to be announced

11.00 Coffee Break in the Exhibition Hall

11.00 **Poster Tour 2**

SESSION 9

- 11.30 **Primary immune deficiencies**
Filomeen Haerynck (UGent, VIB)
- Thieves Market**
- 12.00 **A mimic of a systemic disease with massive thrombosis: Still rare but beware!**
Yannick Bielen (KUL)
- 12.15 **A rare case of adult-onset phalangeal microgeodic syndrome**
Yves Piette (UGent, AZ Sint-Jan Brugge)
- 12.30 **Localized necrotizing vasculitis among cocaine users: smoke and mirrors?**
Marine Mina (CHU de Liège)
- 12.45 **Closure of the Congress**
- 13.00 Farewell Lunch in the Exhibition Hall
- 13.45 KBVR-SRBR Board Meeting

Meeting for Health Professionals in Rheumatology – Morning*Chairs: Karlien Claes (UZ Ghent) and Ellinor Sydow (UZ Leuven)*

- 08.45 **Registration***
- 09.00 **Welcome**
Karlien Claes MSc, Pediatric Rheumatology Nurse UZ Ghent and President of the BeHPR
- 09.10 **Systemic Lupus Erythematosus: A multi-faceted disease**
Speaker to be confirmed
- 09.40 **Systemic diseases**
Isabelle Peene, MD, PhD & Yves Piette, MD, Rheumatology Dept. AZ Sint Jan Brugge and UZ Ghent
- 10.10 **A patient's testimonial**
- 10.25 **Coffee break**

*Chairs: Aleksandra Avramosvka (UCLouvain)
Chantal Robert (Erasmé UL Hospital Brussels)*
- 10.55 **Systemic Sclerosis: Physiopathology, clinical manifestations and treatment for Health Professionals**
Marie Vanthuyne MD, PhD, Rheumatology Dept. of the Cliniques Universitaires Saint Luc and the Grand Hôpital de Charleroi
- 11.20 **How can we visualize the capillaries and what does this mean?**
Vanessa Smith, MD, PhD, Rheumatology Dept., UZ Ghent
- 11.40 **Pregnancy and sexuality in systemic diseases**
Ellen De Langhe, MD, PhD, Rheumatology Dept., Systemic Diseases, UZ Leuven
- 12.10 **A patient's story**
- 12.25 **Lunch & Networking**

* Registration (including coffee breaks and lunch) is free of charge, but obligatory

Meeting for Health Professionals in Rheumatology – Afternoon

- 13.30 **General Assembly BeHPR**
Welcome and must do to all
- Chairs: Laura Lepers (Erasme UL Hospital Brussels) and Chantal Robert (Erasme UL Hospital Brussels)*
- 14.15 **ImmunoStart: Preparing patients for immunosuppression**
Charlotte Martin, MD, Infectious Diseases, CHU Saint-Pierre, Brussels and Head of Travel & Vaccine Clinic
- 14.45 **The development of a dynamic attention through the movement**
Anne-Rose Goyet, Somatic educator in Feldenkrais Method and Tai Chi Chuan & Qi Gong Practitioner
- 15.15 **Coffee break**
- Chairs: Aleksandra Avramosvka (UCLouvain) and Ellinor Sydow (UZ Leuven)*
- 15.45 **Topic and speaker to be announced**
- 16.00 **Impact of inflammatory mediated immune disease (IMID) in quality of life: How to cope with chronic fatigue?**
Pascale Javaux, Coach and Trainer, Fatigue Clinic & Paideia-MFC
- 16.30 **Closing and wish you a good trip back home**
Karlien Claes MSc, Pediatric Rheumatology Nurse UZ Ghent and President of the BeHPR

REGISTRATION

Registration Fees	EARLY Until 31 August	LATE As of 1 September
Member KBVR-SRBR	€ 150,00	€ 250,00
Non Member	€ 250,00	€ 350,00
French/Belgian Trainee in Rheumatology*	€ 0,00	€ 0,00
Other Trainee*	€ 75,00	€ 100,00
Researcher non-MD*	€ 50,00	€ 75,00
Emeritus	€ 50,00	€ 75,00
Health Professionals' Meeting on Thursday 30 September	Free	Free
Workshops**	Free	Free

* Registration as a trainee or researcher non-MD will only be accepted if accompanied by a copy of your student card or a certificate of your director (proof to be uploaded during the registration process). Without proof the non-member fee will be charged.

** Participation in the workshops is free of charge and is limited to 30 participants.

The registration fee for participants includes

- Participation in all scientific sessions
- Participation in the hands-on workshops (separate registration required, limited to 30 participants)
- Participation in the 'Updates in Therapeutics' organised by the Industry
- Congress bag with the Programme and congress related documents
- Access to the exhibition
- Lunches and coffee breaks

How to register - Registration opens on 15 June

You can register online through the congress website www.rheumacongress.be. Click on 'Registration' for details and access to the online registration form.

When your registration is completed successfully, you will receive an automatic confirmation. You can also print an invoice when you finalise your online registration.

Changes/Name Substitutions

You will receive a personal link in your final confirmation email. With this link it will be possible to make changes or transfer your registration to a colleague free of charge.

Cancellations

Participants canceling their registration before 1 September 2021, will receive a full refund, less € 50,00 administration costs. There will be no refunds for cancellations received after this date. Cancellations must be confirmed in writing to the Organising Secretariat. All refunds will be processed after the Congress.

HOTEL ACCOMMODATION

A number of hotel rooms have been booked at special group rates, including breakfast and VAT. You can reserve your hotel room through the online registration form (available from 15 June onwards).

Any requests for hotel accommodation must be accompanied by a credit card number, in order to secure the room. This credit card will not be charged by the organisers but only serves as a reservation guarantee.

Participants will have to pay their hotel room and personal expenses at the reception of the hotel. In case of late cancellation or no show, the room will be charged on the credit card.

The list of hotels with rates and cancellation policy will be available on the website on 15 June.

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